

To Judge Rosemary Gambardella
District of New Jersey
MLK Jr Federal Building
50 Walnut Street
Newark, NJ 07102

U S BANKRUPTCY COURT
FILED
NEWARK, NJ

08 MAR 10 AM 9:48

JAMES J. WALDRON

BY 
PROPERTY CLERK

PLEASE
DOCKET
HG 3/10

Pamela Daniels
Treasurer of the Phoenix Team

I am writing to you on behalf of the Phoenix Team. We were affiliated with Pascack Valley Hospital, who holds our money. When Pascack Valley Hospital first declared Bankruptcy, I went to them as treasurer of this volunteer organization. It took multiple attempts to reach the correct people. I have made more than ample calls to the people in finance, with no response from them.

Enclosed you will find a letter that I was told to write by Pascack Valley Hospital, and was told by them it would be brought to court the following week. I don't think you ever received the information, due to the fact the team has not seen THEIR money, and I have not heard anything.

I have to say how disheartened I am at Pascack Valley Hospital. I worked there for 19 years as an RN, and volunteered in the community for EMS for 24. For them to take such discredit to volunteers and the help that we offer is unfair to the people who may need assistance.

I hope you will give the team their money, which are donations to us for our hard work, and has nothing to do with Pascack Valley Hospital. We used them because people in the hospital started the team but there is no reason that they should or ever felt, that this money was theirs to be used.

It is very unfortunate to the 5 counties that our volunteer organization serves, because Of Pascack Valley Hospitals lack of support to volunteers. They are being very selfish.

As you can see my original letter was dated November 29, 2007. I respectfully asked "Bill P" in finance for the address for the courts. As you can tell they never gave it to me. I hope you would consider our volunteer team and make Pascack Valley Hospital give us Our \$6,400.00.

Thank you for your time,
Respectfully,

Pamela Daniels
Pamela A. Daniels 3/5/08
Phoenix Team, Treasurer

PHOENIX Critical Incident Stress Management Team

November 29, 2007

To The Bankruptcy Court,

I am writing to you regarding an account that Pascack Valley Hospital holds in our name, and a part of their special purpose funds. I am the treasurer of the Phoenix CISM Team, which is a non-profit organization. Each member is a volunteer from the fire services, emergency medical services, police, nursing, clergy and mental health professionals, in the field we are called peers. We respond to critical incidents that involve the above services and also families that are in distress. Critical incident stress is when emergency service personnel experience an event that causes unusually strong emotional reactions. These reactions have the potential of interfering with the persons ability to function at the scene or on the job, for days, weeks, months after a critical incident. CISM is now considered a major factor in the reason why first responders leave either their paid or volunteer organizations. CISM is now taught nationwide in most police academies, fire academies and emergency technician classes. The reason this has been included into programs is to keep the above personnel on the "job".

This account was started for the team back in the 1980's for us when the team was first started, due to donations that we receive in our name from local Rotary Clubs, PBA'S, Volunteer organizations etc... As volunteers we personally do not receive any funds. The account is to pay for outstanding costs, such as increased printing, updated training modules, long distance phone calls, mailings, or extreme tolls that may be incurred (which most people don't take).

Pascack Valley Hospital has been a great asset to us, not only have they held monies, they have supplied printing of paperwork, meeting rooms, and the paging system, which is crucial to us. We cover Bergen, Essex, Sussex and Hudson Counties. We also have a mutual aid agreement with other organizations if we need assistance. Unfortunately, we are losing a great asset from Pascack Valley Hospital. The phone operators always went above and beyond to get needed help to those who needed it. We are in dire need of our funds, which is approximately \$6400.00 to find a new home and change our contact information and paperwork. We are unable at the present time to serve our fellow peers because we don't have a paging system running at the present time. We are committed volunteers to our own and surrounding communities and don't want to see the team fold because of lack of funds which we know are there for us.

Enclosed you will find the information that we hand out, and an application to join the CISM team, also a letter from Tony Rizzo. To the general public it is sometimes hard to explain what CISM is, so hopefully the informational papers will give you a better idea of what we are all about.

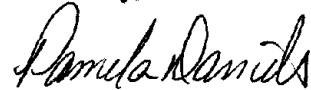
The following cases are just to show you what kind of critical incidents we respond to:

- Seaton Hall fire, over 150 people from EMS, Fire, and police came for help
- House fires with loss of life
- Police shootings
- World Trade Center, we not only responded to ground zero, but stayed in Jersey City to help people who worked the pile. We were there for months to help. We also responded to multiple funerals of many fallen upon the request of the New York Teams
- Car accidents with loss of life
- People who are contemplating suicide, we not only respond but get them in touch with trained professionals and follow up
- Abuses of children or adults resulting in death
- Cardiac arrest calls of all ages leading to death

This list only touches what we respond to but I hope it gives you an idea of what we do. The team is available 24 hours a day seven days a week, we respond in any kind of weather, and give up family to help others. The Team follows the Jeffery Mitchell CISM training program, which is the leading organization of CISM. We do educational classes, respond to scenes, meet all times of the day or night at organizations, and phone conversations. Whatever it takes to get the involved personnel back to "normal". We don't keep any specific records other than the type of call, contact person, how many people were involved, and who responded. We respond to a lot of high profile cases but never leak information to anyone outside, what is discussed is only in the room we are in. If needed, we will help find professionals in the area if needed.

If you require further information, feel free to contact me at home 201-666-5565 or mail Pamela Daniels, C/O Phoenix CISM, 8 Shady Trail, Montvale, NJ 07645. *Again we are in dire need for our funds to keep this volunteer team up and running.*

Sincerely,



Pamela Daniels RN BSN, EMT

PHOENIX

CRITICAL INCIDENT STRESS MANAGEMENT

1-201-358-3000

You have experienced a traumatic event (an injury, loss of a loved one or property or a serious threat, or any overwhelming emotional experience). Even though the event may be completed, you may be experiencing or may experience later some strong emotional or physical reactions. It is very common, in fact quite *normal*, for people to experience emotional aftershocks when they have passed through a horrible event.

Sometimes the emotional aftershocks (or stress reactions) appear immediately after the traumatic event. Sometimes they may appear a few hours or a few days later. And, in some cases, weeks or months may pass before the stress reactions appear.

The signs and symptoms of a stress reaction may last a few days, a few weeks or a few months and occasionally longer depending on the severity of the traumatic event. With understanding and the support of loved ones the stress reactions usually pass more quickly. Occasionally the traumatic event is so painful that professional assistance from a counselor may be necessary. This does not imply craziness or weakness. It simply indicates that the particular traumatic event was just too powerful for the person to manage by themselves.

Here are some very common reactions to stress in a traumatized person.

Physical	Thinking	Emotional	Behavioral
Nausea	Slowed thinking	Anxiety	Withdrawal from others
Upset stomach	Difficulty making decisions	Fear	Erratic behavior
Tremors (lips, hands)	Difficulty in problem-solving	Guilt	Acting out
Feeling uncoordinated	Confusion	Grief	Avoidance
Profuse sweating	Disorientation (especially to place and time)	Depression	Clinging behavior
Chills	Difficulty calculating	Sadness	Unusual behavior
Diarrhea	Difficulty concentrating	Feeling lost	Emotional outbursts
Dizziness	Memory problems	Feeling abandoned	Pacing
Chest pain (should be checked at hospital)	Difficulty naming common objects	Feeling isolated	Change in sexual functioning/desire
Rapid heart beat	Seeing the event over & over	Worry about others	Any significant change in behavior
Rapid breathing	Distressing dreams	Wanting to hide	
Increased blood pressure	Poor attention span	Wanting to limit contact with others	
Headaches	etc.	Anger	
Muscle aches		Irritability	
Sleep disturbance		Feeling numb	
etc.		Startled	
		Shocked	
		etc.	

TRAUMATIC EVENT

Helpful Hints

Trying some of the following hints may help to alleviate the emotional pain associated with a traumatic event.

For Yourself

- try to rest a bit more
- contact friends
- have someone stay with you for at least a few hours or periods a day or so
- reoccurring thoughts, dreams or flashbacks are normal- don't try to fight them- they'll decrease over time and become less painful
- maintain as normal a schedule as possible
- eat well-balanced and regular meals (even when you don't feel like it)
- try to keep a reasonable level of activity
- fight against boredom
- physical activity is often helpful
- reestablish a normal schedule as soon as possible
- express your feelings as they rise
- talk to people who love you
- find a good counselor if the feelings become prolonged or too intense

For Family Members and Friends

- listen carefully
- spend time with the traumatized person
- offer your assistance and a listening ear even if they have not asked for help
- reassure them that they are safe
- help them with everyday tasks like cleaning, cooking, caring for the family, minding children
- give them some private time
- don't take their anger or other feelings personally
- don't tell them that they are "lucky it wasn't worse" - traumatized people are not consoled by those statements. Instead, tell them that you are sorry such an event has occurred and you want to understand and assist them.

If the symptoms described above are severe or if they last longer than six weeks, the traumatized person may need professional counseling.

**Contact the PHOENIX Team for the appropriate referrals.
1-201-358-3000**